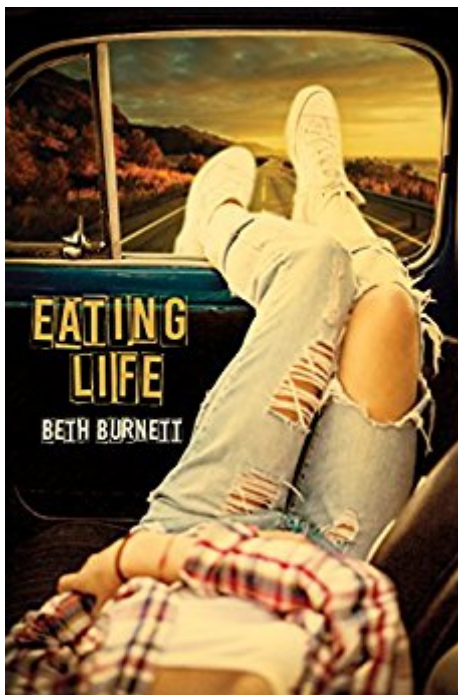


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# Eating Life



## Synopsis

Carefree and irrepressible, Casey Wilde has spent her life running. Running from love, running from responsibility, and running from commitment. Megan Woodson, Casey's best friend, has spent her life building security with a long-term partner and a well-paying, highly respected position in the best ad agency in Memphis. Ben Stagg is a man who has lost everything, including the desire to live. And Brilliant Wilson is a photographer who can't quite figure out why she keeps dating women who don't love her. Faced with painful and pressing decisions, the group is forced to confront their own life choices. When their worlds collide and everything starts to fall apart, these friends must learn that the only important decision is the one to follow their hearts.

## Book Information

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## Customer Reviews

Beth Burnett has written a beautiful story of a group of diverse characters whose connections to each other are vital to their happiness. Megan works in the corporate world but is forever linked to

her free spirited best friend Casey. At opposite ends of the spectrum in terms of responsibility they give each other something essential. Anna has huge problems but can't see a way to solve them herself. Brilliant is an accomplished photographer but true love evades her. Ben had that love but despairs and can't see any light in his future. How each of them impact the other is at the heart of this emotionally-impactful novel. I loved Casey as she was so open and caring and there for people when they needed her. One of the other characters I was not so keen on but I can't imagine anyone would like this particular person. She was apt to make the blood boil and showed the true skill of the author in creating such a character. It is at times heart-wrenching and I found myself so affected by the writing. There is also joy and love and acceptance. I loved this book and can't recommend it highly enough. I was given this ARC by Sapphire Books Publishing in return for an honest review.

If Buddha came back as a curvy, nomadic lesbian accompanied by a slobbery dog with hip dysplasia, this might have been her story. At times hilarious and others heartbreaking, *Eating Life* is a book that makes you care deeply about its characters -- even as they come into serious conflict with one another. Beth Burnett's narrative style makes you feel deeply for every player in the story, from free-spirited Casey Wilde (aptly named), to troubled Anna, who, though manipulative, has her own sadnesses. Throughout the crazy coincidences and romantic adventures, food emerges as a constant theme. Burnett's message is clear: If you want to live a happy life on this planet, you need to sample the local cuisine. Sometimes it will give you heartburn. Other times you'll be transported to food ecstasy. But if you keep eating life, you will always be nourished.

Without even meaning to, I took today off and ended up devouring *Eating Life* with no regrets. Well, maybe one: I don't know when I'll get another morsel from this talented author! ALL her books are excellent, honest, slice-of-life portrayals of interesting characters, but this one took the cake! You'll find yourself inwardly rooting for them, crying for their hardships, and laughing at the sheer genius of their portraiture as they make their way through the story. And, in the end, you'll be thankful you tagged along for a bit. If you're hungry for honest character portraiture in modern writing, then help yourself to this title. You'll come back for seconds -- or fourths! -- by snapping up her other titles, too.

The MC, Casey, is awesome. She eats her life, marches to her own drummer and relies on herself

and her friends to overcome any obstacles. She inspires love and light everywhere she goes, except maybe in her best friend's girlfriend. Additionally Beth wrote my all-time favorite secondary character in Ben. She hit every note exactly right with him as he traversed his grief from the loss of his soul mate and went on a journey that left him with something to live for anyway. Grab this book with both hands and take a big ole bite!

This book makes you want to follow your dreams and stop all the petty stuff. Can't wait until the next book comes out.

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loss for women, low fat, ... wheat, detox, grain free, gluten free) Clean Eating: 70 Delicious & Nutritious Clean Eating Mediterranean Diet Recipes for Weight Loss & Health The Eating Disorders Sourcebook: A Comprehensive Guide to the Causes, Treatments, and Prevention of Eating Disorders (Sourcebooks) The Binge Eating and Compulsive Overeating Workbook: An Integrated Approach to Overcoming Disordered Eating (The New Harbinger Whole-Body Healing Series)

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